

Real Nappies

We shape our environment by the choices we make. Re-using items as many times as we can before we recycle or throw away is easy to do and makes a big difference. Visit www.recycleforgreatermanchester.com to find out more.



Whether it is environmental, economical or ethical, there are many reasons why we may choose to use real nappies.

Real nappies have come a long way from the days of terry squares and nappy pins with a wide ranging choice of fabrics and designs now available. Real nappies are now trendy, durable and excellent value for money.



Real Nappies



Home laundered nappies could save parents around **£500*** on the cost of keeping a baby in nappies. For a cost comparison visit the Women's Environment Network at:
www.wen.org.uk/nappies/cost_comparison.htm



Environmental Impact and Parental Choice

In the UK, we throw away 8 million* nappies a day and this has a huge impact on the environment. Real nappies give parents a choice and give them the power to reduce their environmental impact. Parents can opt for an energy efficient washing machine, wash at a lower temperature or take advantage of a local nappy laundering service.

With disposables the only way to reduce the impact on the environment is to use fewer nappies which in many cases is not the ideal solution.

*Figure taken from Women's Environment Network

Your choice - Purchasing real nappies

Just like disposable nappies, you can buy different types of real nappies to meet the needs of your child. For your nearest nappy contacts, services and suppliers call the **Go Real Helpline 0845 850 0606** (Mon - Fri 8am - 8pm, Sat 9am - 12noon) or visit www.goreal.org.uk

Your choice – Using a nappy laundering service

Nappy laundry services are available across Greater Manchester, delivering freshly laundered pure cotton nappies to your door each week. You can enjoy the benefits of re-usable nappies without the inconvenience of washing or the environmental impact of disposables.

Cottontails provide a Home Laundering Trial Kit. If you are thinking of washing your own real nappies but are confused about which type of nappies and outer wraps to buy, they can help you decide what is right for you. To find out more, about Cottontails and their nappy services, visit their website on www.cottontails.co.uk or call on **0161 708 8223**.

Real Nappy Incentive Schemes Across Greater Manchester

Local Authorities across the UK are trying to reduce the amount of household waste produced in their area. Landfill sites are filling up fast and real nappies are a great way to reduce the amount of waste going in.

Some Local Authorities across Greater Manchester may currently provide real nappy incentive schemes for their residents to take part in. Contact your Local Authority to find out if they provide a real nappy incentive scheme.

Organisations you may find useful

The Nappy Trial Service
www.nappytrialservice.co.uk

The National Association of Nappy Services
www.changeanappy.co.uk

The Real Nappy Association
www.realnappy.com
nappy@wrap.org.uk
UK Nappy Helpline: 01983 401959

Women's Environmental Network
www.wen.org.uk
020 7481 9004

Go Real
Website: www.goreal.org.uk
Helpline: 0845 850 0606



For more information on how you can reduce your waste please contact :

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